

Menu

CZ Friday Camp
Date: August 11



Grab 'n Go Breakfast

Cereal, Yogurt, Breakfast Bars, Fresh Fruit
Milk, Orange Juice, Apple Juice



Lunch

Ham or Turkey Sandwiches (cheese, lettuce,
tomato on the side)

Pickles, Potato Chips, Fruit Cup

Milk or Juice



Afternoon Snack

Goldfish, Apple slices

Water or Juice

