
A Day At Summer Camp

Champion Zone

Summer Camp at Champion Zone is filled with fun activities and adventures!

Our day begins with some free play and a breakfast snack. As campers arrive, they can grab something from the breakfast bar and play in our bigger group areas: the gym and rec areas that contain games, art supplies, and other small group activities. This gives campers a chance to settle in, have a bite to eat, and interact with other campers. At 8:30am we start our day with some exercises, a brief overview of what the day is about, go over rules and expectations, say the pledge of allegiance and a prayer. Around 9am we split into our groups for the week. Groups consist of 10-12 children that are the same age and developmental level, much like our afterschool care programs.

Throughout the morning, groups rotate through outdoor play, art activities, and free play in one of the classrooms that has been thoughtfully designed for their age group. Each group will also participate in a special activity such as a bible lesson with one of the church staff, a gardening activity, or a lesson on character development at some point during the week. All activities are carefully planned to be engaging and appropriate for the age group participating in the activity at that time.

Around 11:30am we start our lunch rotation. Menus are planned to include all food groups on the pyramid. Our older campers can also sign-up to volunteer in the kitchen and serve our other campers at this time. We have found that they really enjoy serving each other and learning new skills in the kitchen. After lunch, our youngest campers are offered a time of rest and quiet in their classrooms while the others enjoy some free play to get out a little energy.

Daily afternoon activities include planned gym time, downtime in classrooms filled with age-appropriate activities, and reading. Another special activity that will vary throughout the week is included in our afternoons. These activities consist of a science project, open-ended creativity in our makerspace area, and even cooking lessons! Throw in a snack and our day is just about over. Between 4:30-5pm we gather back together in the bigger shared spaces to end our day.